



2018-19 Results

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Goals of Presentation

- Provide a snapshot of 2018-19 California Healthy Kids Survey (CHKS) data for SJUSD
- Examine current school-wide and district-wide trends, including strengths and areas of growth
- Review existing services to address needs and provide recommendations for the future

Why CHKS is Important?

- Provides effective use of data
- Fosters data-driven decision making
- Utilizing data informs our next steps in reducing risky behaviors and promoting positive youth development
- Data used to create school safety plans and in Local Control Accountability Plan (LCAP)

Who was surveyed?

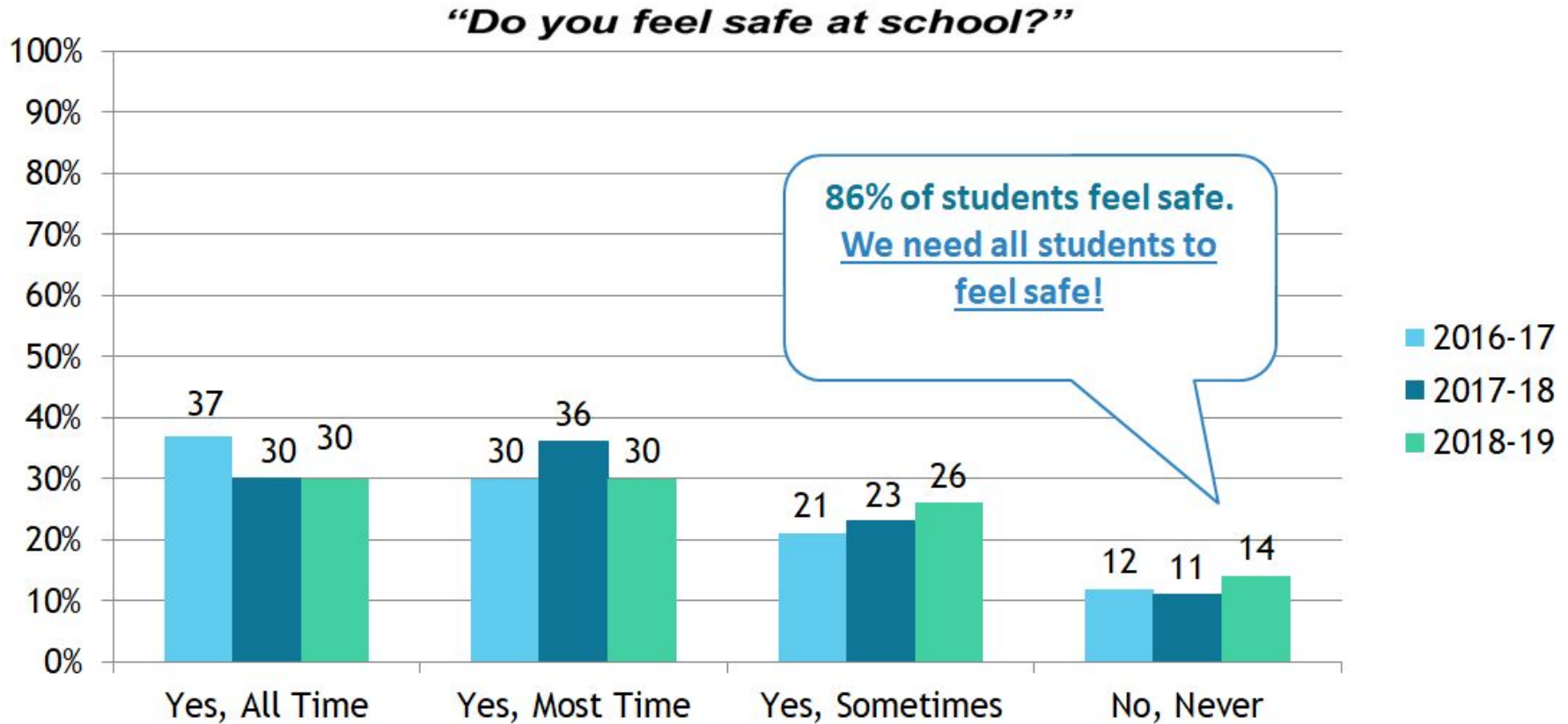
	Final Number	Response Rate
5 th	637	79%
7 th	670	85%
9 th	534	72%
11 th	445	72%



School Safety

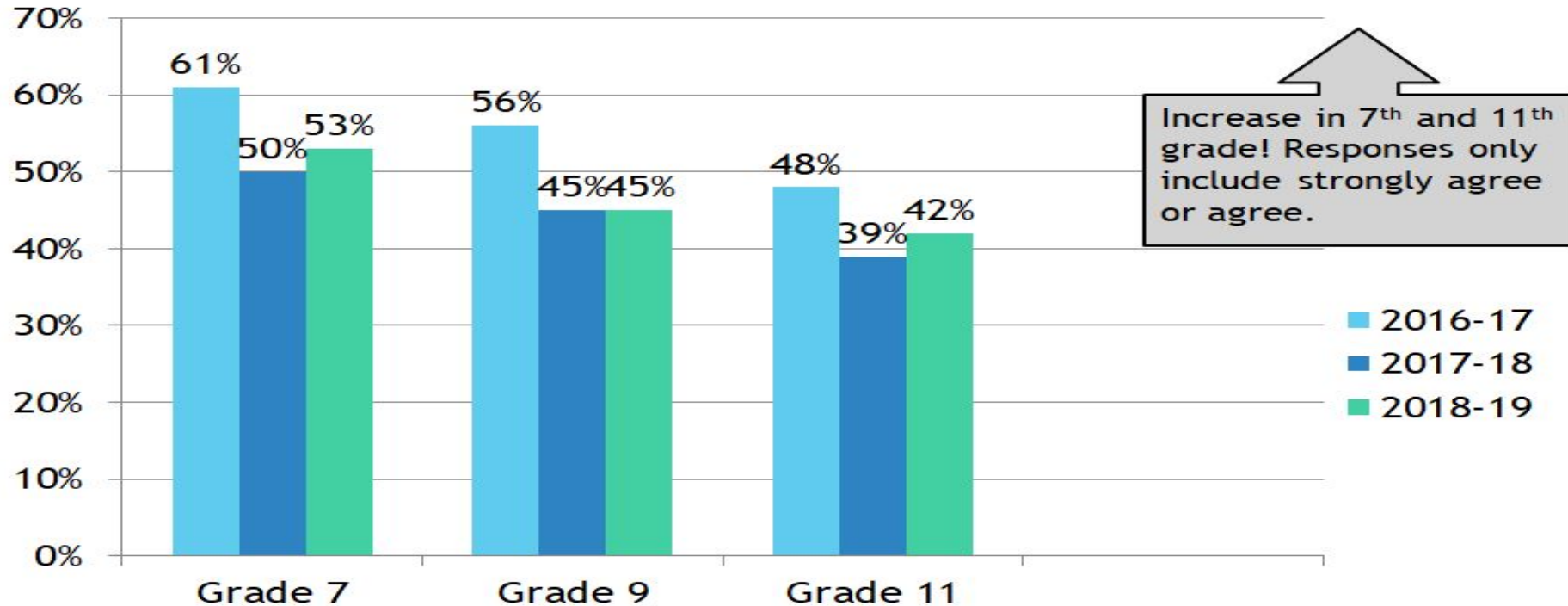


Perceived Safety at School (Elementary)

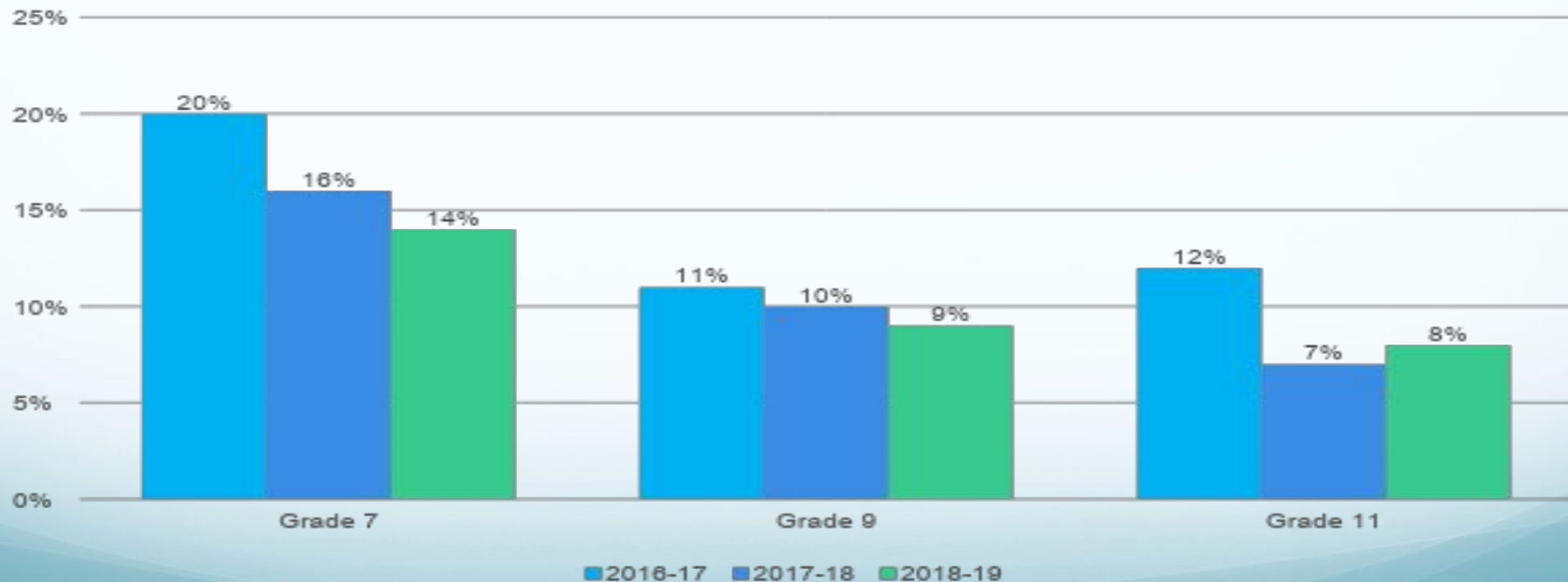


Perceived Safety at School (Secondary)

“How safe do you feel when you are at school?”



“During the past 12 months, how many times on school property have you seen someone with a weapon?”

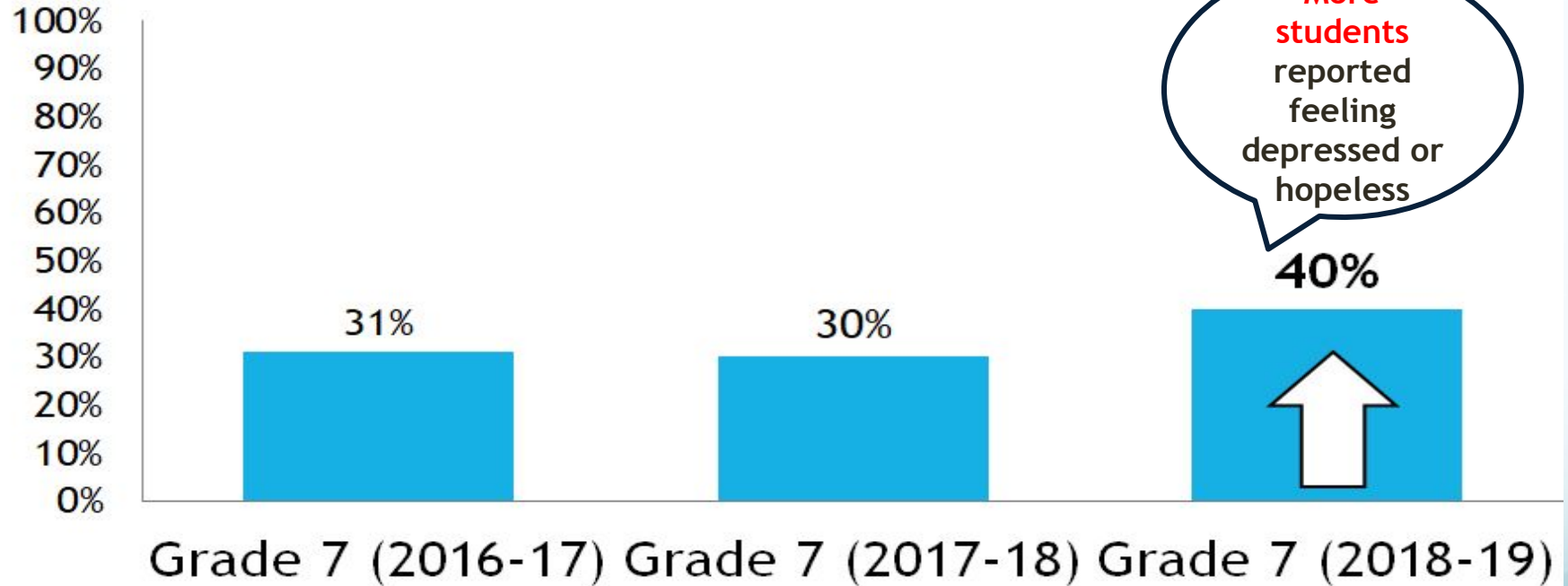


Why This Matters

- All students deserve to feel safe at school
- One of the LCAP state priorities is SCHOOL CLIMATE
- There is a strong correlation between school safety and academic performance
- Safety is one of our basic needs. When a student feels unsafe it impacts academic achievement and attendance

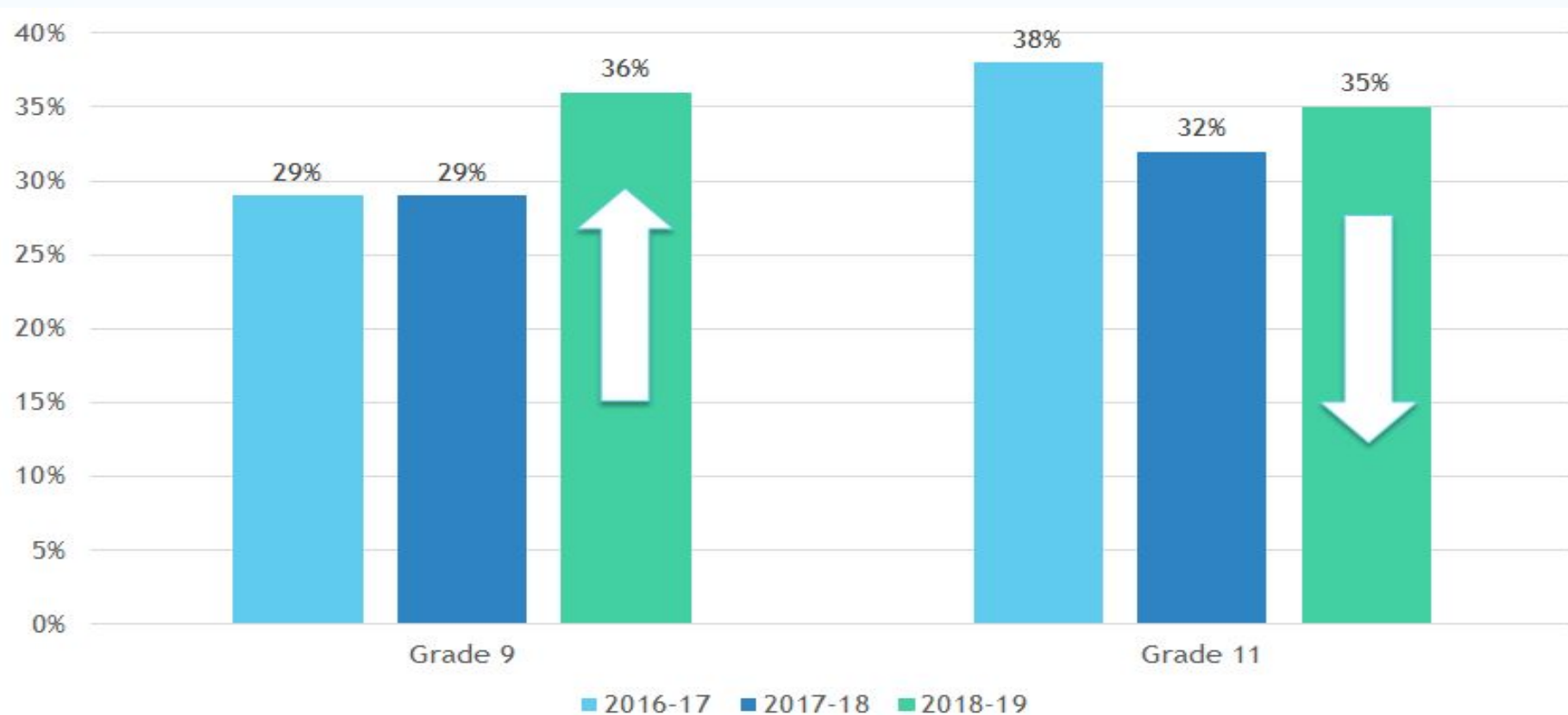
Sad and Hopelessness

“During the past 12 months, did you ever feel so sad or hopeless almost every day for two weeks or more that you stopped doing some usual activities?”



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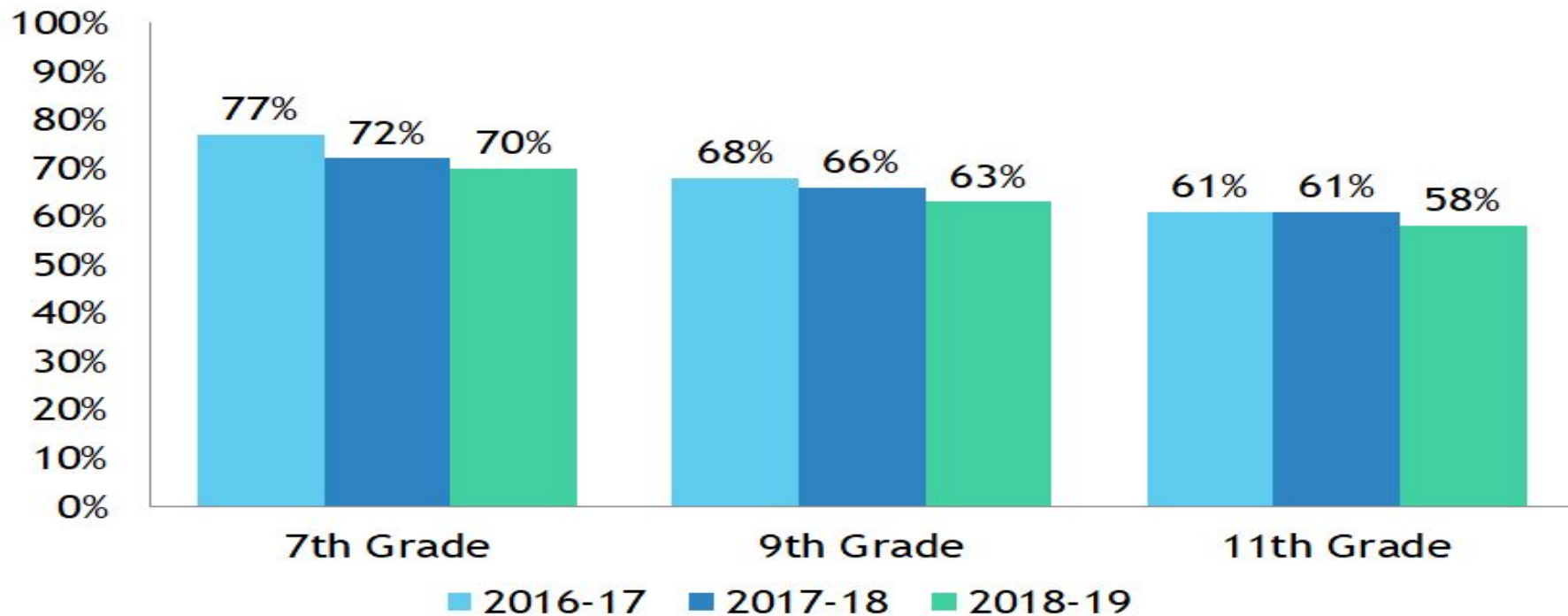
- It is important to treat the whole child and address mental health issues to ensure that students reach their academic potential
- It is essential that we have support systems in place to support the mental health of our students. Some of the systems we have include:
 - Suicide Assessment Risk Protocol
 - Social Emotional Learning--Second Step
 - Educational Therapist that Provide Tier Three Services
 - Suicide Prevention and Mental Health Awareness
 - Small Group Interventions
 - Community Resources
 - Challenge Day
 - Trauma Informed Trainings with Staff

Resilience Indicators and School Connectedness



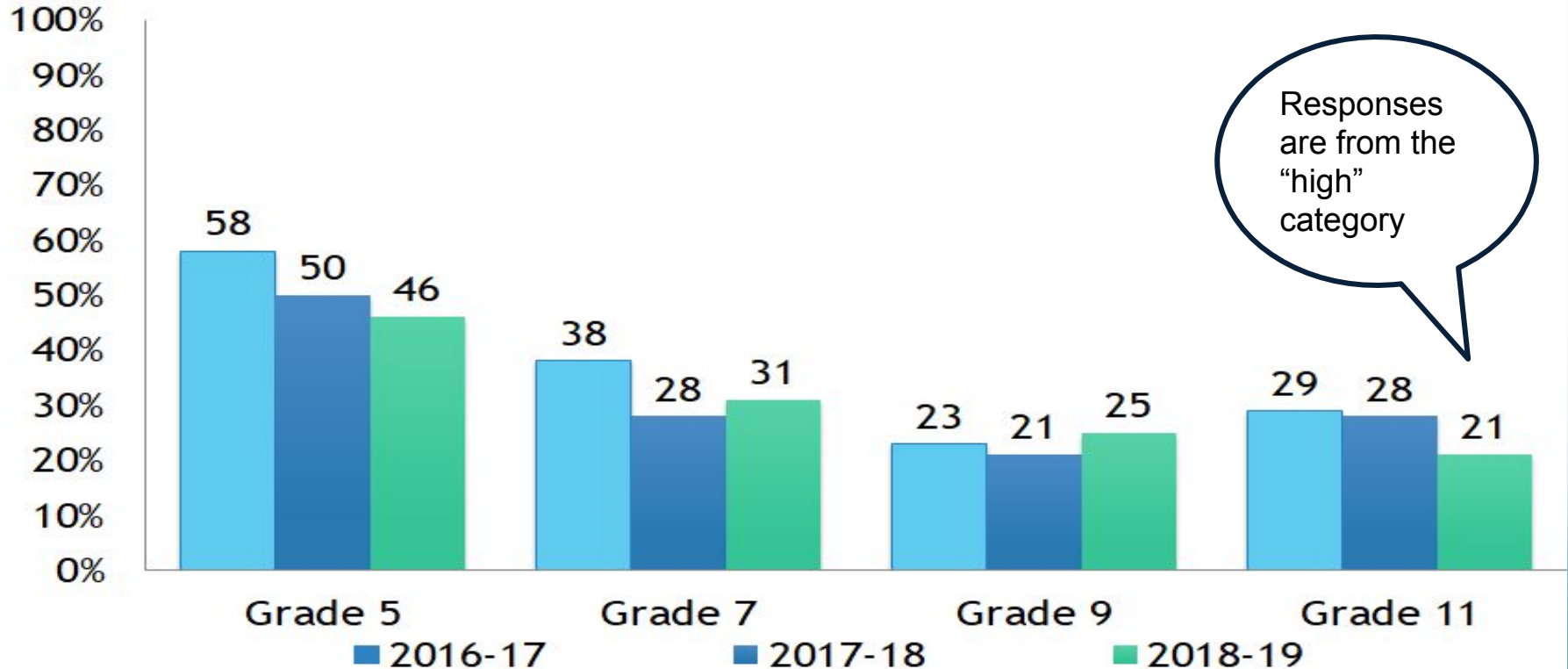
High Expectations

“At my school, there is an adult who believes I will be a success.”



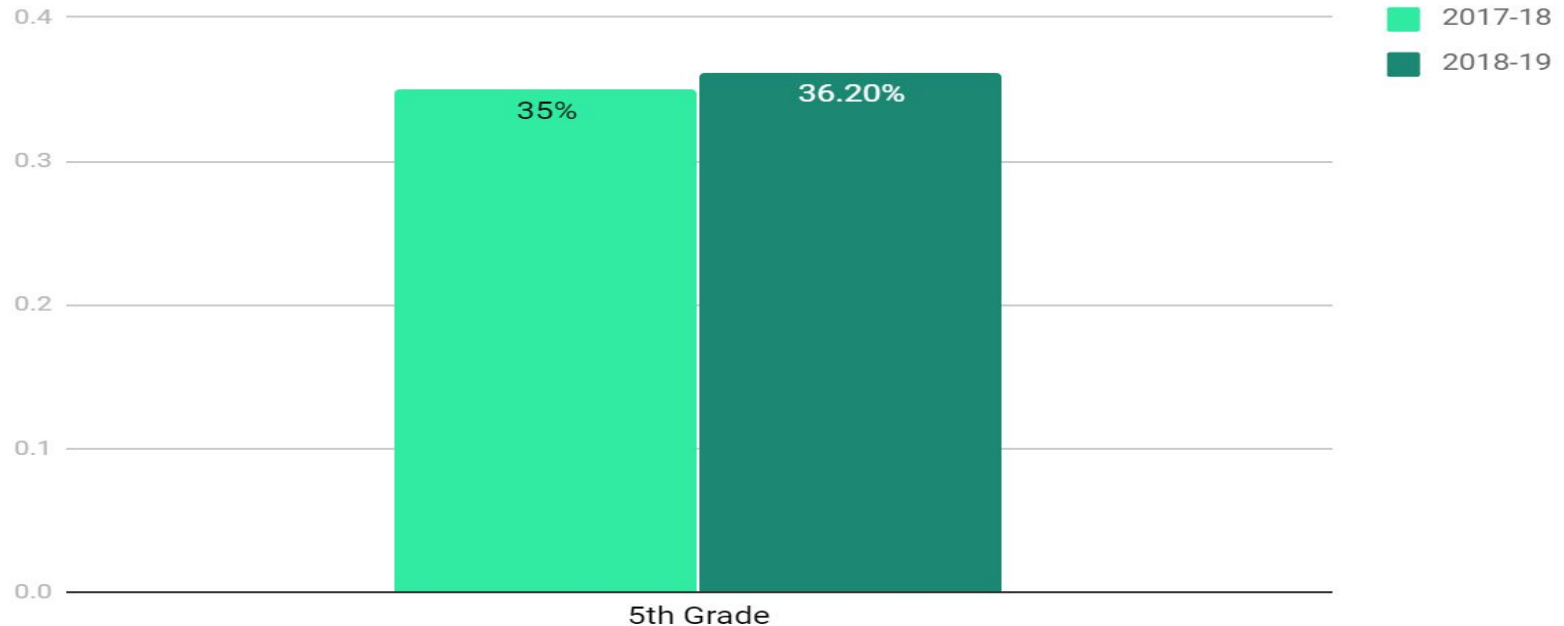
Caring Relationships

“At my school there is an adult who cares about me”



School Connectedness Elementary (Yes, all the time)

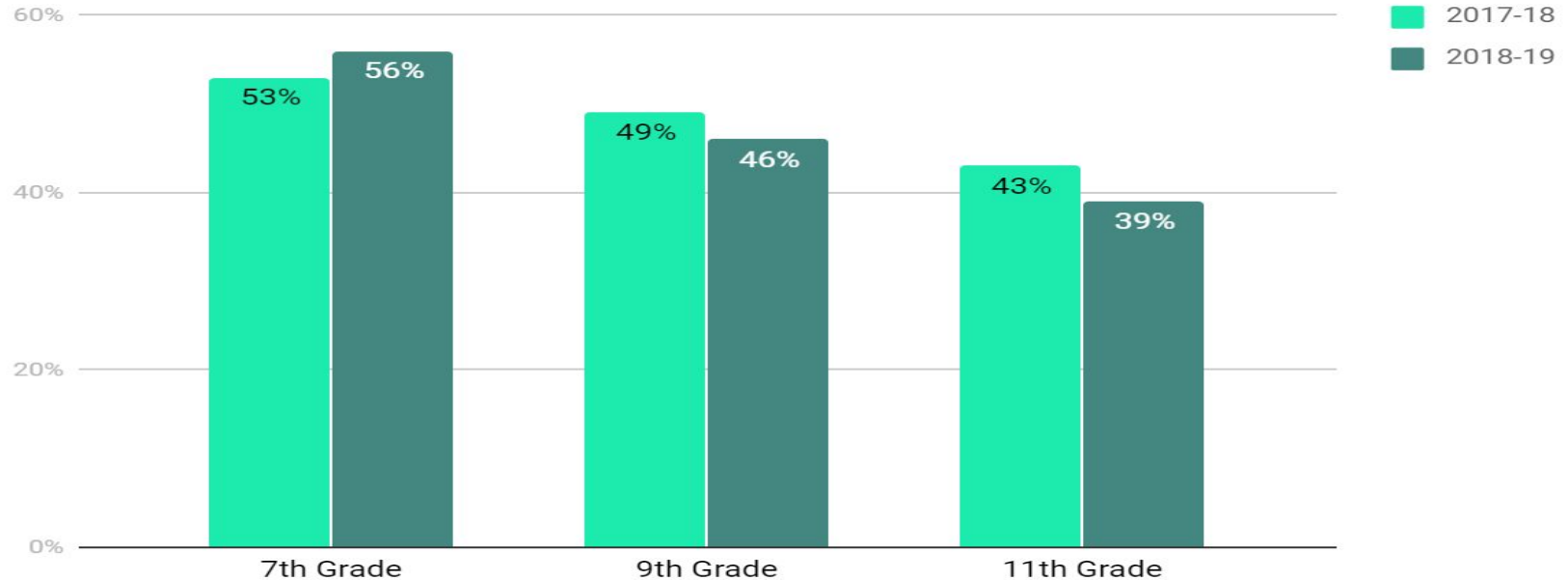
School Connectedness-5th Grade



School Connectedness

(Percentage Represents Average of Agree or Strongly Agree)

School Connectedness-Secondary



Why This Matters

- Building school relationships is *crucial* to student academic success!
- Asset research tells us that students who feel *connected to school* and know that someone at school cares are *more likely to have*
 - Increased high school completion
 - Increased enrollment in college
 - Higher grades
 - Higher achievement test scores
 - Better attendance
 - Fewer conduct problems

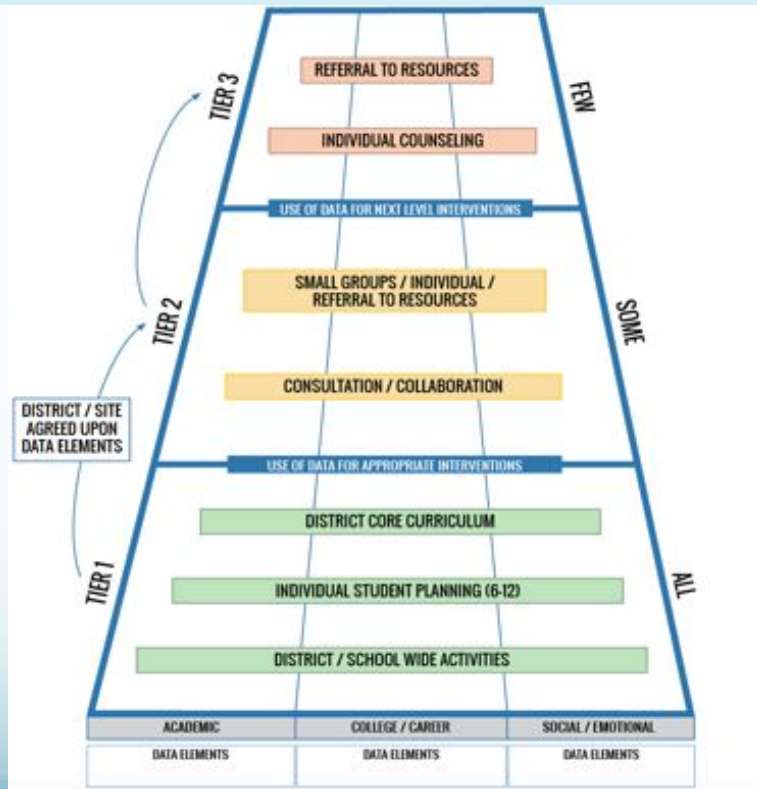


“School Counselors Remove Barriers To Learning”

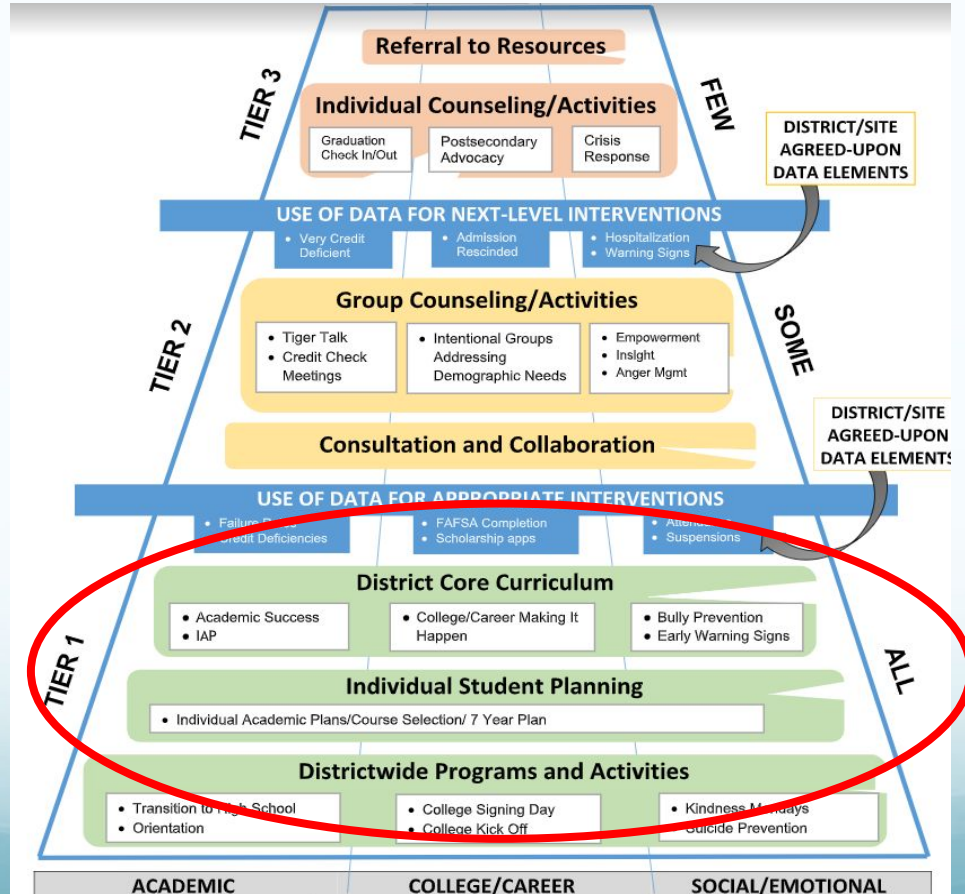


Multi-Tier Multi-Domain System of Support

Aligns with Multi-Tiered Systems of Support (MTSS)



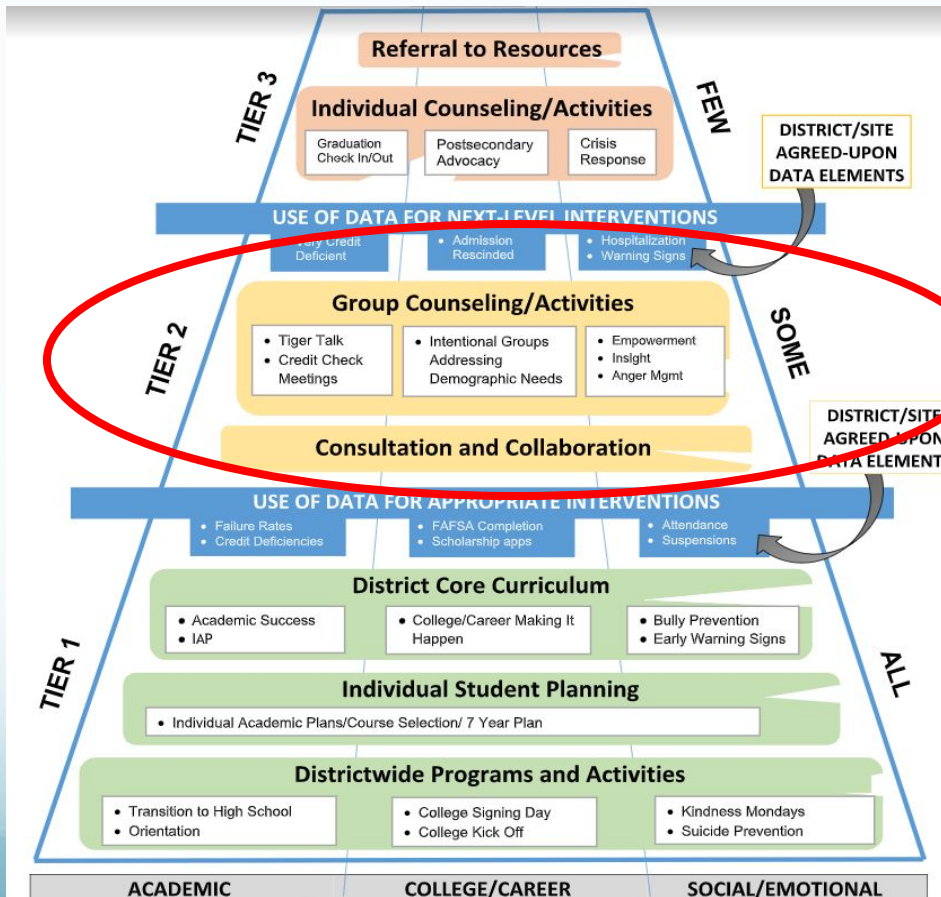
Tier One



Tier One Lessons

	Elementary	Middle School	High School
Academic	<ul style="list-style-type: none">• Meet the Counselor• Test-taking strategies	<ul style="list-style-type: none">• 5th Grade Transition• 7 Year Plan• Academic Success	<ul style="list-style-type: none">• Counselor Connection• Individual Academic Plan• Course Selection
College/ Career	<ul style="list-style-type: none">• College/Career Readiness	<ul style="list-style-type: none">• Career Exploration• College Exploration• Preparing for high school	<ul style="list-style-type: none">• College & Career Making It Happen• Transition to next grade• Counseling News Network Lesson• Financial Aid
Social/ Emotional	<ul style="list-style-type: none">• Bully Prevention• Early Warning Signs	<ul style="list-style-type: none">• Bully Prevention• Early Warning Signs	<ul style="list-style-type: none">• Bully Prevention• Early Warning Signs

Tier Two



TK-12 Tier Two Social/Emotional

Secondary

- Insight Groups (Anger Management, Behavior)
- Bereavement Groups
- I AM
- STREAMCO
- Empowerment Groups
- Riverside University Health System Drug Abuse Counseling
- Stress Reduction Workshops

Elementary

- Zones of Regulation Groups
- Friendship Groups
- SEL Groups
- Bereavement Groups
- Empowerment Groups

Continual Action Items:

- Increase suicide prevention, bully prevention and mental health education
- Student Focus Groups
- Peer Mediation Training
- Trauma Informed Trainings with Staff
- Promoting Positive Activities
- Care Solace MOU

Next Steps

- Based on input from all stakeholders come up with a plan to address the areas of growth
- Continue to improve school connectedness
- Collaborate with our sites to ensure problem solving teams occur and collaborate with educational therapists and community resources
- Continue to examine data

Thank You & Questions



For more information, feel free to contact
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